

SPECIAL TREATMENT AT HELLIDON LAKES

ESPA Facial Therapy

Luxury Facial & Soothing Eye Treatment	£55
Regenerating Facial	£47
Skin Brightening Facial	£45
Re-Hydrating Facial	£45
Aromatherapy Facial	£45
Rebalancing Facial	£45
Express Facial	£30
Soothing Eye Treatment	£25

Special Treatments

ESPA Advanced Lifting & Firming Facial	£65
CACI Non-Surgical Face Lift	£35
Course of 10	£300

Espa Body Therapy

Back, Neck & Shoulder Massage	£30
Scalp, Neck & Shoulder Massage	£30
Face, Neck & Shoulder Massage	£30
Aromatherapy Fitness Massage	£45
Detoxifying Algae Wrap	£55
Skin Hydrator Body Wrap	£55
Body Exfoliation	£27
Body Salt & Oil Scrub	£27
Life Saving Back Treatment	£40

Holistic Treatments

Hot Stone Full Body Massage	£55
Hot Stone Back Massage	£35
Holistic Back, Face & Scalp Massage	
with Hot Stones	£70
Holistic Total Body Care with Hot Stones	£70

Holistic Total Body Care

Holistic Back, Face & Scalp Massage	£60
Luxury Hand & Arm Treatment	£35
Luxury Foot & Leg Treatment	£35
Reflexology	£40
Indian Head Massage	£40
Stimulating Hip & Thigh Treatment	£45
Balinese Massage	£65

Nails

File & Polish	£15
Manicure or Pedicure	£25
Deluxe Manicure or Pedicure	£30
French Manicure	£27

Waxing

Full Leg	£23
Full Leg & Bikini	£30
Full Leg, Bikini & Underarm	£38
3/4 Leg	£20
3/4 Leg & Bikini	£28
3/4 Leg, Bikini & Underarm	£36
1/2 Leg	£16
1/2 Leg & Bikini	£24
1/2 Leg, Bikini & Underarm	£32
Standard Bikini	£10
Underarm	£10
Forearm	£15
Lip or Chin	£8
Eyebrow Shape	£10
Men's Back or Chest	£20

Tinting

Eyelash Tint	£12
Eyebrow Tint	£10
Eyelash & Eyebrow Tint	£16
Bright Eyes	£23

Electrolysis

10 mins	£6
15 mins	£9
20 mins	£12

Make-Up

Make-Up Lesson or Special Occasion	£35
Bridal Make-Up (Includes a trial make-up)	£60

St Tropez Tan

Full Body Cream	£45
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Men

Express Relaxer	£30
Just for Men	£60
The Ultimate Stress Buster	£45
Men's Purifying Facial	£45
Gent's Grooming	£20
Golfer's Re-Charge	£55

Spa Journeys

	Weekday*	Weekend
Essential Spa Journey	£65	£75
Soothing Spa Journey	£90	£100
Ultimate Purifying Journey	£135	£145
Style Your Own Package	£105	£115

*Weekday prices are discounted



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