

One for QHotels signature rituals

The All Over Refresh and Revitalise £45.00
50 minutes

Relaxing Face and Back Ritual £45.00
50 minutes

Fit For Business Back Ritual £45.00
50 minutes

The Head and Feet Wake Up Ritual £45.00
50 minutes

One for fabulous facial rituals

Mini Q Facial £25.00
25 minutes

Q Firming and Lifting Eye Treatment £20.00
25 minutes

Spa Find Age Away 2-in-1 Facial and Exfoliation £42.00
1 hour

Spa Find Essential Elements Prescriptive Facial £42.00
1 hour

Spa Find Express Elegance Facial £25.00
30 minutes

Spa Find Youthful You Anti-Ageing Facial £62.00
1 hour 15 minutes

Spa Find Renewed Radiance Hydrating Mud Facial £42.00
1 hour

Spa Find Natural Nourishment Double Mud Facial £62.00
1 hour 15 minutes

Spa Find Balanced Beauty Deep Cleansing Mud Facial £42.00
1 hour

Spa Find Perfect Purity Spot-zapping Treatment Facial £42.00
1 hour

Spa Find Heavenly Hydrating Salt Brushing Treatment £25.00
30 minutes

Spa Find Total Toning Treatment £35.00
45 minutes

Spa Find Heavenly Hydration Conditioning Scalp Mud Treatment £30.00
25 minutes

One for beautiful body rituals and envelopments

Back, Neck and Shoulder Massage £25.00
25 minutes

Spa Find Sculpted Silhouette Inchwrap

Full Body Wrap 2 hours £80.00
Part Body Wrap 1 hour 30 minutes £65.00

Spa Find Infinite Indulgence Black Mud Body Envelopment £62.00
1 hour 15 minutes

Spa Find Marine Miracle Firming Wrap 1 area, 1 hour £40.00
2 areas, 1 hour 30 minutes £65.00

Spa Find Body Bliss Contour and Relax Treatment £65.00
1 hour 30 minutes

Q Foot Ritual 25 minutes £25.00

Q Scalp Massage 25 minutes £25.00

Telford Hotel & Golf Resort Tel: 01952 422977 telfordspa@qhotels.co.uk www.QHotels.co.uk



One to prepare and care

Spa Find Beautiful Beginnings 2 hours	£80.00
The All Over Refresh and Revitalise 50 minutes	£45.00
Reflexology 50 minutes	£40.00

One for the boys

Full Body Massage 55 minutes	£48.00
Back, Neck and Shoulder Massage 25 minutes	£25.00
Fit for Business Back Ritual 50 minutes	£45.00
Executive Hand and Nail Treatment 25 minutes	£15.00
Executive Foot Care for Men 40 minutes	£20.00

Men's waxing (Monday – Thursday only)

Back	20 minutes	£20.00
Chest	20 minutes	£20.00

Tanning

Full Body Spray Tan 30 minutes	£25.00
Half Body Spray Tan 20 minutes	£18.00

One for the finishing touch

Full Leg & Bikini Wax	50 minutes	£30.00
Full Leg Wax	40 minutes	£28.00
Half Leg Wax	20 minutes	£20.00
Bikini Line Wax	20 minutes	£10.00
Underarm Wax	10 minutes	£10.00
Forearm Wax	20 minutes	£10.00
Upper Lip Wax	10 minutes	£8.00
Lip & Chin Wax	20 minutes	£12.00
Chin Wax	10 minutes	£8.00
Eyebrow Wax/Shape	10 minutes	£8.00
Eyebrow Tint	20 minutes	£10.00
Eyebrow Tint	10 minutes	£10.00
Eyebrow Tint	20 minutes	£15.00

One for heavenly hands

File & Polish 20 minutes	£15.00
Manicure 50 minutes	£30.00
Deluxe Manicure 1 hour 10 minutes	£40.00

One to treat your feet

File & Polish 30 minutes	£15.00
Pedicure 1 hour	£35.00
Deluxe Pedicure 1 hour 10 minutes	£50.00

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