

	Essential Therapist	Advanced Therapist		Essential Therapist	Advanced Therapist		Essential Therapist	Advanced Therapist
One for QHotels signature rituals			One for beautiful body rituals and envelopments			Marine Mud Wrap 55 minutes	£45.00	£45.00
The All Over Refresh and Revitalize 50 minutes	£45.00	£45.00	ESPA Back, Face and Scalp Treatment 1 hour 25 minutes	£55.00	£65.00	Oahadi Wrap 55 minutes	£45.00	£45.00
Relaxing Face and Back Ritual 50 minutes	£45.00	£45.00	ESPA Back, Face and Scalp Treatment with Hot Stones 1 hour 25 minutes	n/a	£70.00	Full Body Massage 55 minutes	£40.00	£40.00
Fit For Business Back Ritual 50 minutes	£45.00	£45.00	Total Holistic Body Care 1 hour 25 minutes	£65.00	£65.00	Back, Neck and Shoulder Massage 25 minutes	£25.00	£25.00
The Head and Feet Wake Up Ritual 50 minutes	£45.00	£45.00	Total Holistic Body Care with Hot Stones 1 hour 40 minutes	n/a	£75.00	Full Body Massage with Hot Stones 55 minutes	n/a	£60.00
One for fabulous facial rituals			Relaxing Back Ritual 40 minutes	£40.00	£40.00	Back, Neck and Shoulder Massage with Hot Stones 25 minutes	n/a	£35.00
ESPA Age Defyer Facial	n/a	£70.00	Hip and Thigh Treatment 55 minutes	£45.00	£45.00	Indian Head Massage 40 minutes	n/a	£35.00
ESPA Radiance Facial 55 minutes	£42.00	£42.00	ESPA Salt and Oil Scrub 25 minutes	£30.00	£30.00	Lava Shells Full Body Massage 60 minutes		£65.00
Lift and Firm Facial 55 minutes	£48.00	£48.00	Spearmint Body Polish 25 minutes	£20.00	£20.00	Lava Shells Face and Body Massage 90 minutes		£85.00
ESPA Rebalance Facial 55 minutes	£42.00	£42.00	<i>Add a Salt and Oil Scrub or Body Polish to any Massage and/or Facial treatment for only £15.00.</i>			Lava Bambu Full Body Massage 60 minutes		£65.00
ESPA Rehydrator Facial 55 minutes	£42.00	£42.00	Relaxing Foot Ritual 25 minutes	£25.00	£25.00			
Mini Q Facial 25 minutes	£25.00	£25.00	Algae Wrap 55 minutes	£45.00	£45.00			
Q Lifting and Firming Eye Treatment 25 minutes	£20.00	£20.00						

Add a Lifting and Firming Eye Treatment to any Facial from only £15.00.

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One to prepare and care		
The All Over refresh and Revitalise 50 minutes	£45.00	£45.00
Relaxing Foot Ritual 25 minutes	£25.00	£25.00
One for the boys		
Full Body Massage 55 minutes	£40.00	£40.00
Back, Neck and Shoulder Massage 25 minutes	£25.00	£25.00
Full Body Massage with Hot Stones 55 minutes	n/a	£60.00
Back, Neck and Shoulder Massage with Hot Stones 25 minutes	n/a	£35.00
Fit for Business Back Ritual 50 minutes	£45.00	£45.00
ESPA Men's Purifying Facial, Shoulder and Scalp Massage 55 minutes	£45.00	£45.00
Men's Chest Wax 20 minutes	£20.00	£20.00
Men's Back Wax 20 minutes	£20.00	£20.00
Executive Hand and Nail 25 minutes	£15.00	£15.00
Executive Foot Care for Men 40 minutes	£20.00	£20.00

One for the finishing touch

	Essential Therapist	Advanced Therapist
Full Leg & Bikini Wax 50 minutes	£30.00	£30.00
Full Leg Wax 40 minutes	£28.00	£28.00
Half Leg Wax 20 minutes	£20.00	£20.00
Bikini Wax 10 minutes	£10.00	£10.00
Brazilian Wax 15 minutes	n/a	£22.00
Underarm Wax 10 minutes	£10.00	£10.00
Forearm Wax 10 minutes	£10.00	£10.00
Lip Wax 10 minutes	£8.00	£8.00
Chin Wax 10 minutes	£8.00	£8.00
Lip & Chin Wax 20 minutes	£12.00	£12.00
Eyelash Tint 20 minutes	£10.00	£10.00
Eyebrow Tint 10 minutes	£10.00	£10.00
Eyelash & Eyebrow Tint 20 minutes	£15.00	£15.00

Make-Up

	Essential Therapist	Advanced Therapist
Make-Up Application 50 minutes	£40.00	£40.00
Make-Up Lesson 50 minutes	£35.00	£35.00
Bridal Make-Up 2 x 50 minutes	£70.00	£70.00

One for heavenly hands

	Essential Therapist	Advanced Therapist
File and Polish 20 minutes	£17.50	£17.50
Manicure 50 minutes	£30.00	£30.00
Deluxe Manicure 1 hour 10 minutes	£38.00	£38.00

One to treat your feet

	Essential Therapist	Advanced Therapist
File & Polish 20 minutes	£17.50	£17.50
Pedicure 1 hour	£32.00	£32.00
Deluxe Pedicure 1 hour 10 minutes	£40.00	£40.00

Calgel Manicure and Pedicure

Calgel Colour Overlays 60 minutes		£30.00
Coloured Overlay with Tips 1 hour 30 minutes		£37.50
Calgel French Overlays 60 minutes		£32.50
French Overlay with Tips 1 hour 35 minutes		£40.00
Soak Off 20 minutes		£10.00

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