



QHOTELS

THE WESTERWOOD, NEAR GLASGOW. TEL: 01236 860 701
ALDWARK MANOR, YORK. TEL: 01347 833 940
FOREST PINES, NORTH LINCOLNSHIRE. TEL: 01652 655 678
TANKERSLEY MANOR, TANKERSLEY, NEAR SHEFFIELD. TEL: 01226 352 700
THE PARK ROYAL, STRETTON, CHESHIRE. TEL: 01925 730 073
THE NOTTINGHAM BELFRY, NOTTINGHAM. TEL: 0115 973 9405
CREWE HALL, CREWE, CHESHIRE. TEL: 01270 259 301
TELFORD GOLF & SPA HOTEL, TELFORD, SHROPSHIRE. TEL: 01952 429 977
CHESFORD GRANGE, WARWICKSHIRE. TEL: 01926 515 115

HELLIDON LAKES, NORTHAMPTONSHIRE. TEL: 01327 265 656
THE CHELTENHAM CHASE, GLOUCESTER. TEL: 01452 519 901
THE CAMBRIDGE BELFRY, CAMBOURNE, CAMBRIDGE. TEL: 01954 714 620
THE OXFORD BELFRY, THAME, OXFORD. TEL: 01844 277 555
THE HAMPSHIRE COURT HOTEL, BASINGSTOKE. TEL: 01256 319 777
NORTON PARK, NEAR WINCHESTER. TEL: 01962 763 323
BRIDGEWOOD MANOR, CHATHAM, KENT. TEL: 01634 662 610
ASHFORD INTERNATIONAL, ASHFORD, KENT. TEL: 01233 218 403

SPA TARIFF AT BRIDGEWOOD MANOR



Reflections
HEALTH, FITNESS & SPA

SPECIAL TREATMENT AT BRIDGEWOOD MANOR

Face

Luxury Facial with Soothing Eye Treatment	(1hr 10mins)	£44.00
Regenerating Facial	(55mins)	£40.00
Skin Brightening Facial	(55mins)	£40.00
Re-Hydrator Facial	(55mins)	£38.00
Aromatherapy Facial	(55mins)	£38.00
Re-Balancing Facial	(55mins)	£38.00
Express Facial	(30mins)	£28.00

Body

Detoxifying Algae Wrap	(55mins)	£50.00
Restorative Mud Envelopment	(55mins)	£50.00
Life Saving Back Treatment	(40mins)	£32.00
Holistic Total Bodycare	(1hr 20mins)	£50.00
Holistic Back, Face and Scalp Treatment	(1hr 25mins)	£50.00
Body Exfoliation	(25mins)	£26.00
Full Body Massage	(55mins)	£40.00
Massage	(25mins)	£28.00
Reflexology	(1hr)	£30.00
Pre-Natal Treatment	(1hr 25mins)	£55.00
Stimulating Hip and Thigh Treatment	(55mins)	£35.00

Essential

File & Polish	(20mins)	£16.00
Manicure	(45mins)	£24.00
Luxury Manicure	(1hr)	£28.00
Pedicure	(45mins)	£26.00
Luxury Pedicure	(1hr)	£30.00
Soothing & Regenerating Eye Treatment		£24.00
Eyelash Tint	(20mins)	£9.00
Eyebrow Tint	(20mins)	£6.00
Eyelash & Eyebrow Tint	(40mins)	£13.50

St Tropez

Smooth & Bronze	(1hr 30mins)	£40.00
Partial Tan Application	(30mins)	£28.00

Waxing

Half Leg	£13.00
Full Leg	£19.00
Bikini Line	£9.50
Underarm	£8.50
Top Lip or Chin	£8.00
Eyebrow Wax/Shape	£7.00
Forearm	£10.00

Men

Aromatherapy Facial for Men	(55mins)	£38.00
Holistic Back, Face & Scalp Treatment	(1hr 25mins)	£50.00
Aromatherapy Fitness Massage	(55mins)	£40.00
Life Saving Back Treatment	(40mins)	£32.00
Gent's Manicure	(45mins)	£18.00
Gent's Pedicure	(45mins)	£22.00
Back Wax	£14.00	
Chest Wax	£14.00	
Eyebrow Shape	£7.00	

Packages

Ultimate	£120.00
Soothing	£90.00
Essential	£70.00

Reflections

HEALTH, FITNESS & SPA



THE PERFECT GIFT

Reflections

HEALTH, FITNESS & SPA

Indulge a friend or loved one with a Spa Gift Voucher from Reflections. Prices start from £15.

Let us look after you and make buying gifts an easy and pleasurable experience!