

## ***No more hanging on the telephone!***

### ***Hellidon Lakes Golf & Spa Hotel boosts mobile reception***

Surrounded by 220 acres of beautiful Northamptonshire countryside with a 27-hole championship golf course and 8 lakes it is forgivable that mobile phone reception could sometimes be sporadic at the Hellidon Lakes Golf & Spa Hotel, part of the award-winning hotel group QHotels. But no longer! Having taken on board the comments from guests and delegates, who whilst enjoying the peace and tranquillity of the location nevertheless wanted to be contactable (most of the time!), QHotels has invested in a signal booster in order to strengthen mobile reception for busy delegates and organisers.

With excellent conference facilities, including self contained areas ideal for training, 24 meeting rooms, 102 spacious bedrooms, 200 complimentary car parking spaces and of course the golf course, spa and spectacular countryside, Hellidon Lakes is the perfect hotel for a conference or meeting and the boost to mobile reception is simply the icing on the cake. However for those of you who maybe prefer to be “out of reach” occasionally don’t worry – we won’t tell if you simply switch off your phone to enjoy the peace and quiet every now and again!

For more information about Hellidon Lakes Golf & Spa Hotel please go to [www.qhotels.co.uk/hellidonlakes](http://www.qhotels.co.uk/hellidonlakes) or call 01327 262550

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The QHotels 21: **The Westerwood Hotel & Golf Resort** - Near Glasgow... **Aldwark Manor Golf & Spa Hotel** - York... **The Queens** - Leeds... **Forest Pines Hotel & Golf Resort** - North Lincolnshire... **Tankersley Manor** – Tankersley, Nr Sheffield... **The Midland** - Manchester... **The Park Royal** – Stretton, Warrington... **Crewe Hall** – Crewe, Cheshire... **The Nottingham Belfry** - Nottingham... **Telford Hotel & Golf Resort** – Telford, Shropshire... **Stratford Manor** - Stratford-

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Fitness Industry Association:

- The FIA (Fitness Industry Association) is the industry body for the health and fitness industry; from training providers to operators
- The FIA's mission is to get more people | more active | more often
- Website [www.fia.org.uk](http://www.fia.org.uk)

Change4Life:

- Change4Life is a nationwide movement which aims to help us all, eat well, move more and live longer
- For more information visit [www.nhs.uk/change4life](http://www.nhs.uk/change4life) or call 0300 123 4567.