

QHOTELS
Chesford Grange
Kenilworth, Warwickshire

43

ways to make your mind
wander and your toes tingle

Treatment Tariff



Face facts...

...no one gets younger but with a little bit of time and pampering, you can look and feel healthy and refreshed. Revive yourself with our facial treatments...

DECLÉOR Relaxing Aromatic Facial

55 mins £40

DECLÉOR devotes its own special art of massage to your face. Your therapist will choose from Essential, Purify, Nourish, Soothe, Lift or Radiance products to relax the entire face using the treasures of aromatherapy.

DECLÉOR Classic Aromatic Facial

75 mins £45

This multi-active, 100% natural treatment is tailored to every skin type. Your therapist selects products to rebalance your skin. At the heart of this treatment is a mask that has a truly unique and surprising texture, with Linseed, Wheatgerm and Sunflower.

DECLÉOR Aroma Time Precious Facial

25 mins £25

A perfect way to try the world renowned DECLÉOR facials and enjoy all the benefits of one of the most powerful ingredients, Essential Oils. This introductory facial is perfect when time is of the essence and the skin needs a boost of radiance.



DECLÉOR Aroma Expert Facials

75 mins £45

Looking for a treatment with high-precision action? These targeted treatments provide an expert response to the needs of all skin types. Even the most demanding skin is satisfied. Every Aroma Expert treatment offers a concentrate of highly targeted Essential Oils and Plant Extracts.

DECLÉOR Aroma Expert Essential

75 mins £45

This precision treatment provides an instant and long term response for thirsty skin.

DECLÉOR Aroma Expert Purify

75 mins £45

An intensive balancing treatment for oily or combination skin.

DECLÉOR Aroma Expert Nourish

75 mins £45

A deep nourishing treatment to replenish lost moisture and reinforce the skins barrier function.

DECLÉOR Aroma Expert Soothe

75 mins £45

A wonderful calming treatment to comfort sensitive skin.



DECLÉOR Aroma Expert Lift – Evidence

75 mins

£50

Combat the first visible signs of ageing, this revitalising treatment restores radiance and softens the appearance of expression lines.

DECLÉOR Aroma Expert Lift – Experience

75 mins

£50

The ultimate holistic answer to facial firming and lifting to enhance the youthful appearance of rejuvenated skin.

DECLÉOR Aroma Expert Lift – Excellence

75 mins

£50

A complete anti-ageing solution using a sublime skincare formulation to regenerate, smooth and brighten the complexion using an innovative cocktail of Essential Oils to target all signs of ageing.

DECLÉOR Vital Eyes

45 mins

£35

Keep eyes sparkling and slow the signs of time, stress and fatigue with this incredibly relaxing and targeted treatment. Eyes become clearer, fine lines and wrinkles are smoothed, shadows and puffiness are eliminated.





Body text...

...whether it's a 25 minute massage or 90 minutes of pure aromatic indulgence, all of our body treatments will have a positive effect on you...

The Q Experience - Full Body Massage 55 mins £45

The Q Experience - Back and Scalp Massage 25 mins £28

**The Q Experience -
Back, Neck and Shoulder Massage** 25 mins £25

**DECLÉOR Aroma Envelopments
a True Cocoon of Effectiveness** 75 mins £48

At the heart of these treatments is a rich, creamy mask full of Essential Oils and Plant Extracts, chosen according to your needs and applied all over the body. For a beneficial, comforting sensation, enjoy the pleasure of a heated blanket, whilst the products work their magic, your face or scalp will be relaxed with beautiful aromatic balms.

DECLÉOR Aroma Detox Envelopment 75 mins £48

Essential Oils and Marine Algae rich in minerals breakdown fatty deposits, drain toxins and eliminate excess water retention.



DECLÉOR Aroma Relax Envelopment

75 mins

£48

After a gentle exfoliation, warm Aromatic Relax Balm is smoothed over the entire body followed by a sumptuous creamy mask leaving skin soft and silky.

DECLÉOR Aroma Flow Envelopment

75 mins

£48

A refreshing and energising treatment to eliminate toxins and remove excess fluids.

DECLÉOR Aroma Tonic Envelopment

75 mins

£48

Instantly increases skins radiance with a unique blend of toning, firming and anti-ageing ingredients.

DECLÉOR Aroma Body Silk Glistener

45 mins

£30

Radiant, bright and petal soft – your skin will glisten with health and vitality after this natural exfoliation treatment. Leaving you perfectly prepared for any occasion, this is the ultimate skin enhancer.



DECLÉOR Tranquility Scalp Massage

25 mins

£25

Drift into a deep relaxation with this sublimely calming massage. All traces of tension are gently eased from scalp, décolleté, neck and shoulders and the soothing Essential Oils enhance the calming experience.

DECLÉOR Perfect Legs Treatment

55 mins

£40

The perfect antidote for tired, aching legs, this instantly refreshing and invigorating treatment will put the bounce back in your step.

DECLÉOR Cleansing Back Treatment

45 mins

£35

The back is often a neglected area, this complete treatment acts like a facial. A unique diagnostic massage combined with deep cleansing, purifying and balancing Essential Oils will decongest, hydrate and restore clarity leaving the skin clearer, brighter and healthier.



DECLÉOR Perfect Anti-Cellulite Treatment

55 mins £38

Blitz cellulite with this ultra-smoothing targeted treatment. Thighs, hips and bottom are noticeably refined even after one treatment. Using the exclusive cocktail of Essential Oils, proven to breakdown fat in 28 days, you will be delighted with the results.

DECLÉOR Aroma Foot Relief

25 mins £25

Hot towels infused with Essential Oils relax the feet and lower legs before a stimulating warm massage balm is applied with a unique reflex point massage. Feet and lower legs are immediately relaxed, circulation is stimulated and excess fluids are dispersed, leaving your feet feeling fresh and light.

DECLÉOR Sumptuous Mother-To-Be Treatment

75 mins £45

When you are about to become a mother you have many concerns, let DECLÉOR take complete care of your skin throughout your pregnancy and for the first few months as a new mum. This nurturing treatment will help to preserve the tone of your skin, reducing the risk of stretchmarks, alleviate tension in your legs and brighten your complexion to ensure you look as radiant as you feel.





Essential maintenance...

...like a well preserved garden, car or home the efforts of regular TLC can have a dramatic effect on how you feel...

Tanning

DECLÉOR Sunrise Self-Tanning Treatment

90 mins £45

An exquisite face and body skin preparation, using Atlantic Sea Salt and Calendula Petals leaves your skin gently exfoliated and silky soft to touch. This natural looking application of self-tan will leave you ready for any occasion.

Waxing

The latest in waxing technology using disposable applicators to ensure maximum hygiene.

Full Leg Wax	45 mins	£20
Half Leg Wax	25 mins	£15
Half Leg and Bikini Wax	15 mins	£20
Bikini Line Wax	15 mins	£10
Underarm or Forearm Wax	15 mins	£10
Top Lip Wax	15 mins	£7
Chin and Lip Wax	15 mins	£10
Eyebrow Wax/Shape	15 mins	£7





Nails

Jessica Luxury Pedicure

75 mins

£30

In addition to your Jessica Pedicure the use of heated boots will enhance the properties within the products, leaving your feet feeling rejuvenated and refreshed.

Jessica Luxury Manicure

60 mins

£30

In addition to your Jessica Manicure the use of heated mitts will enhance the properties within the products, leaving your hands feeling rejuvenated and refreshed.

Jessica File and Polish

30 mins

£12

Revive your nails with a shape and file followed by an application of a custom nail colour.

Jessica Prescriptive Manicure

45 mins

£25

Your nails will be analysed and treated for their specific nail type. The manicure will include exfoliation, massage and cuticle care. Your nails will be beautifully shaped and treated with a prescriptive basecoat and finished with the perfect polish.

ZenSpa Pedicure

60 mins

£25

Choose between energising Ginger, calming Green Tea or Revitalising Citrus products for this luxury foot and leg treatment. Hard skin will be removed, feet and legs will be massaged with deep conditioning creams leaving them softer and smoother, your cuticles will be groomed and your toenails will be beautifully shaped and perfectly polished.



Eyes

Eyelash & Eyebrow Tint

25 mins **£15**

Eyelash Tint

25 mins **£10**

Eyebrow Tint

15 mins **£10**

Tinting only available Mon-Thurs and a minimum of 24 hours will be required for a patch test prior to the first tinting treatment.





Men only...

...after golf, before a holiday or after a stressful week at work, let us help you look and feel fantastic...

DECLÉOR Relaxing Aromatic Facial

55 mins

£40

DECLÉOR devotes its own special art of massage to your face. From your hairline to neckline, your therapist will soothe and relax you, filling your skin with renewed energy.

Nails

Gentleman's Club Hand and Nail Care

30 mins

£18

Your hands are exfoliated to remove any dryness and massaged with treatment creams, cuticles are conditioned and groomed and nails are trimmed and perfectly shaped.

Waxing

The latest in waxing technology using disposable applicators to ensure maximum hygiene.

Back and Chest Wax

45 mins

£25

Chest Wax

30 mins

£15

Back Wax

30 mins

£25

Eyebrow Tidy

15 mins

£7





Spa Bookings

We advise you to book your Spa treatments in advance to avoid disappointment and to ensure that your chosen day and time is available. Please contact your Spa direct on the number listed on the reverse to book your treatments or for more information. You are encouraged to arrive at least 15 minutes before your treatment commences.

Medical Information

Please notify our Spa receptionist if you are pregnant or have any health concerns at the time of booking as some treatments may not be suitable or require adjusting accordingly.

Late Arrivals

Arriving late will limit the time of your treatment, lessening its effectiveness and your enjoyment. Your treatment will end on time so that the next guest is not delayed. If your appointment is missed, we cannot offer a replacement time or refund.

Cancellations

Clients who wish to cancel or change their appointment are kindly requested to provide 48 hours notice or 50% of the appointment fee will be charged.

Treatment Times

Unfortunately we are unable to guarantee the requested booking times on Spa appointments. Occasionally appointment times may be changed due to unforeseen circumstances. If this occurs it will be confirmed during your visit.

Terms and Conditions

All treatments are subject to availability.

All rates at current VAT rate.

These prices are correct at the time of going to press and may be subject to annual fluctuations. If there are any price changes we will advise you at the point of enquiry.



**The gorgeousness doesn't have to end here...
there are 17 QHotel Spas to visit across the country**

**The Westerwood
Hotel & Golf Resort**
nr Glasgow
Tel: 01236 860701

**Aldwark Manor
Golf & Spa Hotel**
York
Tel: 01347 833940

**Forest Pines
Hotel & Golf Resort**
North Lincolnshire
Tel: 01652 655678

Tankersley Manor
Tankersley, nr Sheffield
Tel: 01226 352700

The Park Royal
Stretton, Cheshire
Tel: 01925 730073

Crewe Hall
Cheshire
Tel: 01270 259301

The Nottingham Belfry
Nottingham
Tel: 0115 9739405

Telford Hotel & Golf Resort
Telford, Shropshire
Tel: 01952 422964

Chesford Grange
Kenilworth, Warwickshire
Tel: 01926 515115

**Hellidon Lakes
Golf & Spa Hotel**
Northamptonshire
Tel: 01327 265656

The Cheltenham Chase
Gloucestershire
Tel: 01452 519901

The Cambridge Belfry
Cambourne, Cambridge
Tel: 01954 714620

The Oxford Belfry
Thame, Oxford
Tel: 01844 277555

The Hampshire Court Hotel
Basingstoke, Hampshire
Tel: 01256 319777

Norton Park
Winchester, Hampshire
Tel: 01962 763323

Bridgewood Manor
Chatham, Kent
Tel: 01634 662610

Ashford International Hotel
Ashford, Kent
Tel: 01233 218403

For further information & offers visit www.QHotels.co.uk



Chesford Grange
Kenilworth, Warwickshire

Chesford Grange
Kenilworth
Nr Warwick
CV8 2LD

Tel: 01926 515115
Fax: 01926 855272

chesfordleisure@qhoteles.co.uk
www.QHotels.co.uk



You can take advantage of all we have to offer secure in the knowledge that everything we do at QHotels ensures a positive approach to our staff, our community and the environment.



Hotel Group of the Year
2008 - 2009