

Quench Bar Menu

The Early Start

Served from 8am to 10am

Choice of Danish Pastry or Giant Chocolate Muffin ✓	£1.50
Fresh Fruit Salad ✓ natural low fat yoghurt	£3.25
Bacon or Sausage Bap with a soft fried or scrambled free-range egg	£4.95
Full English Breakfast 2 bacon rashers, pork herb sausage, grilled tomato, field mushrooms, hash brown, baked beans & fried egg. Served with toast & butter	£8.50
Scottish Smoked Salmon & Creamy Scrambled Eggs with brown toast	£8.50

Soup & Salads

Served from 11am to 10pm

Chef's Homemade Soup of the Day crusty roll & butter	£6.00
Soup & Sandwich Combo your choice of any of our sandwiches from the following page with a bowl of Chef's Homemade Soup of the Day	£9.95
Tomato, Mozzarella & Rocket Salad ✓ basil dressing	£9.95
Quench Mixed Salad ✓ mixed leaves, onions, green beans, hard boiled egg, mixed peppers, crispy croutons dressed with olive oil & a hint of lemon	£7.95

prices include VAT charged at the current rate ✓ ~ denotes vegetarian option

Please note that a discretionary 10% service charge will be automatically applied to your total bill

Sandwich Selection

Served from 10am to 10.30pm
served on your choice of thick sliced white or wholemeal bread
with tortilla chips & salad garnish

add a portion of chips to your sandwich for an extra £1.50

Tuna Mayonnaise & Cucumber	£5.75
Farmhouse Ham & Course Grain Mustard	£5.75
Trio of Cheese & Spring Onion Mayonnaise ✓	£5.75
Scottish Smoked Salmon, Cream Cheese & Black Pepper	£7.00
Chicken, Pesto & Tomato	£6.25
Free-Range Egg Mayonnaise & Cress ✓	£5.75

Mediterranean Herb Panini Selection

Served from 10am to 10.30pm
griddled and served with tortilla chips & salad garnish

Brie & Smoked Bacon	£6.95
Tomato, Mozzarella & Basil ✓	£7.50
Coronation Chicken	£6.75
Grilled Haloumi & Roasted Red Pepper ✓	£6.75

add chips to any sandwich or panini for £1.50

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automatically applied to your total bill**

Light Meals & Snacks

Served from 11am to 10pm

Three Free-Range Egg Omelette ✓	£9.95
chips & salad garnish with two of the following fillings ~ cheddar cheese (v) ~ farmhouse ham ~ onion (v) ~ mushroom (v)	
Grilled 6oz Gammon Steak	£12.95
two fried free-range eggs & chunky chips	
6oz 'Q' Smoked Bacon & Cheddar Burger	£13.95
seasoned wedges, leaves & tomato relish	
Chicken Cæsar Burger	£13.95
char-grilled chicken breast, Cos lettuce, creamy Cæsar dressing in a toasted bun with seasoned wedges & leaves	
'Good Ole' Fish & Chips	£13.95
ale battered fish fillet, chunky chips, mushy peas, homemade tartare sauce & lemon	
8oz Char-grilled English Sirloin Steak	£23.00
chunky chips, grilled field mushroom & tomato, choice of peppercorn or Diane sauce	
Chilli-con-Carne	£13.95
steamed basmati rice, tortilla chips, sour cream & homemade guacamole	
Chicken Korma	£12.95
cream & coconut curry, steamed basmati rice, garlic naan, tomato & onion salad	
Vegetable Masaala ✓	£11.95
traditional vegetable curry, steamed basmati rice, garlic naan, tomato & onion salad	
Mushroom & Basil Penne Pasta ✓	£11.95
creamy diced mushroom & basil sauce with garlic bread	
Spaghetti Bolognese	£13.95
traditional Italian bolognese, parmesan & garlic bread	
'Q' Club Sandwich	£10.50
double-decker sandwich filled with chicken, bacon, lettuce, tomato, egg & mayonnaise, with chunky chips & leaves	

Please see next page for some great sharing dishes

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Something to Share

Served from 11am to 10pm

- Mixed Provençal Olives & Foccacia** ✓ for 1 ~ £4.50, 2 ~ £7.95
dipping olive oil & balsamic vinegar, Maldon sea salt
- Battered King Prawns** 4 ~ £7.25 8 ~ £12.95
sweet chilli dipping sauce & griddled lime
- Lamb Kofta Balls** 4 ~ £7.25 8 ~ £12.95
cucumber & minted yoghurt dip, houmous & toasted pitta bread
- Chilli Beef Nachos** £9.95
tortilla chips, chilli beef, melted cheese, jalapeños, mild salsa, guacamole & sour cream
available without the chilli beef £6.50
- Slider Burger** £13.95
6-part half pounder with cheddar cheese & tomato relish, served with seasoned wedges & onion rings

On the Side

all side orders ~ £3.00

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|----------------------------|-----------------------------|-------------------------|
| Chunky Chips | Battered Onion Rings | Garlic Bread |
| Seasonal Vegetables | Seasoned Wedges | Mixed Leaf Salad |

Sweet Tooth

Served from 11am to 10pm

- Tropical Fruit Platter** £6.00
raspberry coulis
- Belgian Style Waffle** £6.00
maple syrup & whipped vanilla cream
- Chocolate Fudge Gateau** £6.00
Chantilly cream
- Cheese Board** £6.50
cheddar, brie & stilton, toasted walnut bread, celery & grape chutney

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Afternoon Tea

Served from midday to 4:30pm

**Includes your choice from our
Twinning's Tea Selection & Finger Sandwiches**

Tuna & Cucumber ~ Ham & Chutney ~ Cheddar Cheese & Tomato

Traditional ~ scones with Chantilly cream & raspberry jam	£7.50p.p.
Chocolate ~ assiette of chocolate	£8.50p.p.
Champagne ~ pastry selection & a glass of Champagne	£15.95 p.p.

Informal Meeting Package

Available between 8am to 3pm

Our informal meeting package offers the following items ~

- ◆ **Two medio drinks from our hot beverage selection**
- ◆ **Your choice of sandwich from our menu**
- ◆ **330ml bottle of filtered water with lunch**
- ◆ **High-speed WiFi access for 2 hours**

only £15.95 per person

Informal meetings package is only available between the advertised times for guests using the Lounge areas of the hotel and is not available in conjunction with any other offer or pre-booked meeting package.

**We have 19 dedicated conference & meeting rooms should you
require a private space to meet.
Please contact Reception for further details.**

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Quench Your Thirst

Hot Beverages



Espresso ~ single		£2.55
Doppio ~ double espresso		£2.80
	Primo	Medio
Americano ~ espresso topped with hot water	£2.65	£2.80
Cappuccino ~ traditionally only drunk before 10am in Italy, but still as tasty after!	£2.85	£3.00
Café Latte tastes great with a shot of syrup, please ask your server for flavours:	£2.85	£3.00 40p
Café Mocha	£2.85	£3.00
Speciality Hot Chocolate add cream & marshmallows to top	£2.85	£3.00
Mint Hot Chocolate with cream to top	£2.85	£3.00
Selection of Speciality Teas ~ please choose from English Breakfast Tea, Earl Grey, Lady Grey, Darjeeling		£2.95
Selection of Fruit Teas ~ please choose from Peppermint, Green Tea, Chamomile		£2.95

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Our Wine Selection

White

175ml 250ml Btl

St. Hallett Poacher's Blend

£5.15 £7.30 £21.50

(Semillon/Sauvignon/Riesling) (2008/09) Australia

brimming full of tropical fruit flavours, passion fruit, melon and pineapple with underlying lime and grassy aromas, as well as citrus hints from the Riesling

Acacia Tree Chenin Blanc/Colombard

£3.95 £5.60 £16.50

(2009/10) South Africa

fresh citrus and peach flavours with zippy acidity and a refreshing finish. The palate is filled with flavours of crunchy apples and pears

Spy Valley Marlborough Sauvignon Blanc

£6.30 £8.95 £26.50

(2008/09) New Zealand

classic characters of gooseberry and asparagus, with ripe melon. Really delicately balanced and at the same time deliciously quaffable

Casa de Piedra Chardonnay (2008/09) Chile

£4.20 £6.00 £17.50

a delicious nose of melon and grapefruit with a touch of creamy oak. On the palate the wine is ripe and fruity, with a refreshing acidity

San Rafael Sauvignon Blanc (2008/09) Chile

£4.30 £6.10 £17.95

cool, crisp and fruity with soft tropical fruit notes of pineapple and passion fruit

Argento Pinot Grigio (2008/09) Argentina

£4.90 £6.95 £20.00

a fresh and fruity Pinot Grigio with juicy apple, pear and peach notes cut through by crisp lemony acidity

SAAM Mountain Chenin Blanc

£5.40 £7.60 £22.50

(2008/09) South Africa

a tropical nose consisting of pear, guava and ripe stone fruit. The abundance of flavours carries through to a mouth filling palate and stays there

Rosé

175ml 250ml Btl

Pinot Grigio delle Venezie Blush, Lamberti

£4.80 £6.75 £19.95

(2008/09) Italy

pale and light with subtle raspberry and strawberry notes adding to classic lemon and apple notes. A hint of juicy sweetness on the palate makes it all the more delicious

Our Wine Selection

Red

175ml 250ml Btl

Wandering Bear Merlot

£4.30 £6.10 £17.95

(2008/09) California

juicy, fruity and smooth, this is textbook Merlot. The palate is easy-drinking making it a real crowd pleaser

Casa de Piedra Cabernet Sauvignon

£4.20 £6.00 £17.50

(2006/07) Chile

a powerful nose of red and black fruits, with a hint of dark chocolate. The palate is full-bodied, deliciously ripe and packed with fruit

St Hallett Gamekeeper's Reserve

£5.15 £7.30 £21.50

(Shiraz/Grenache) (2008/09) Australia

floral and aromatic on the nose. Juicy fruit and savoury spice on the palate with a cherry, raspberry, bramble jelly and black pepper to the fore

Acacia Tree Cabernet/Merlot

£3.95 £5.60 £16.50

(2009/10) South Africa

a soft Cape blend combining cassis flavours of Cabernet and ripe and juicy Merlot.

Argento Reserva Malbec (2008/09) Argentina

£4.90 £6.95 £20.50

an exceptional wine offering dark violet colours and explosive aromatics. Full rich concentrated fruit flavours and soft tannins

Thomas Mitchell Shiraz (2008/09) Australia

£5.40 £7.60 £22.50

classic Shiraz expressions with Australian style. Spicy blackberry fruit with hints of chocolate and vanilla. A big wine to stand up to spicy dishes

Castillo de Clavijo Rioja Tempranillo (NV) Spain

£4.50 £6.40 £18.95

a modern Rioja made with concentrated red fruit flavours from the ripe Tempranillo. Intense & smooth complexity with aromas of ripe red-berries, spices and vanilla

Champagne & Sparkling

125ml Btl

Thomas Mitchell Brut Sparkling (NV) Australia

£3.85 £22.50

the aroma has lifted character of meringue and delicate white flowers. The palate is soft and mouth-filling with a generous explosion of bubbles

Lanson Black Label Brut Champagne (NV) France

£7.20 £42.00

toasty characteristics combine with a variety of flowers and honey creating a sensation of plenitude and lightness