

Quench Bar



An early start

Warm mini Danish & muffin selection [v]	£3.50
Toast, white or brown with butter & jam [v]	£3.50
Bacon buttie on white or brown bloomer	£5.00
Grilled sausage sandwich with tomato relish	£5.00
Scrambled egg with smoked salmon on toast	£7.50

Light bites

Bowl of Mediterranean olives [v] [g]	£2.50
Today's soup with a crusty roll	£5.00
Tempura battered prawns with light soya dip	£6.00
Nachos with melted cheese & mild salsa [v]	£5.50
Potato shells with smoked bacon & cheese [v] [g]	£6.00

The deli corner – Please select your filling in either a sandwich, wrap or panini.

All served with chunky chips

Brie & red onion marmalade [v]	£5.50
Roast beef & tartar sauce	£5.50
Farmhouse ham & cheddar cheese	£5.50
Roast chicken & pesto mayonnaise	£5.50
Spiced tuna & cucumber	£5.50
Tomato & mozzarella [v]	£5.50

Double decker club sandwich:	£8.50
toasted bread, chicken breast, bacon, lettuce, tomato & mayonnaise	

Salads

	Starter / Main
Warm chicken fillet Caesar salad [g & v option]	£7.00 / £12.50
Poached pear, blue cheese salad with croutons [v] [g option]	£7.00 / £12.50
Garganelli carbonara	£7.00 / £12.50

Hot meals from around the globe

Chilli con carne with nachos & cream	£9.50
Beer battered haddock with chips & tartar sauce	£11.00
8oz Beef burger with chunky chips	£10.50
- Smoked bacon & cheese	£12.00
Oriental vegetable stir fry with black bean sauce & rice [v]	£8.00
Cheese & mushroom omelette with chips & mixed salad [v] [g]	£7.50
Farmhouse ham, fried egg & chips [g]	£9.50
Mild chicken curry with basmati rice [g]	£9.50

Side orders

Bread & oil selection	£2.50
Garlic ciabatta – add cheese for 50p [v]	£2.50
Battered onion rings [v]	£2.50
Mixed salad with honey & grain mustard dressing [v]	£2.50
Chunky chips [v]	£2.50
Roast new potatoes with garden rosemary [v]	£2.50

Afternoon tea – served from 2.30pm – 5.30pm £8.95

A round of sandwiches on either brown or white bread.

Please choose from:

Egg mayonnaise, cucumber, ham & mustard or smoked salmon

Homemade scone with jam & whipped cream

Fruit cake

Your choice of tea or coffee

Hot beverages

Selection of speciality teas
Americano
Espresso Single
Espresso Double
Latte
Cappuccino
Mocha
Hot chocolate



Primo	Medio/Regular
	£2.95
£2.45	£2.60
	£2.20
	£2.45
£2.65	£2.80
£2.65	£2.80
£2.55	£2.95
£2.45	£2.60

[v] Denotes vegetarian option [g] denotes options that are gluten free.

Although not all our products contain nuts as an ingredient, there is always a possibility that they will contain traces of nut contents. The hotel does not accept any responsibility of nut or other allergies. The hotel cannot warrant that its food products do not contain any genetically modified additives.